

ABSTRACT OF THE DISCLOSURE

An image heating apparatus comprises an endless film which has a metal layer; means for increasing the temperature of the film; a regulating member for preventing the lopsided movement of the film; and a lubricating part disposed in a contact part between the film and the regulating member. An image on a recording material is heated by heat from the film. Thus, the destruction of the end of the film which has the metal layer can be prevented, and the driving of the film can be facilitated.